

LUNCH

SALADS, PASTA & MORE

The City Slicker Salad ... 20

Crunchy romaine lettuce, grilled organic chicken, applewood smoked bacon, Gorgonzola, tomatoes & half an avocado.

+ *house vinaigrette*

Salmon Strawberry fields ... 28

Norwegian salmon lightly blackened over a bed of fresh artisan lettuce, tomatoes, pineapple, caramelized onions, crunchy apples, strawberries and toasted almonds.

+ *strawberry vinaigrette*

Chicken & Avocado Salad ... 20

Fresh mixed artisan lettuce daily, blackened organic chicken, tomatoes, avocado & cheddar cheese.

+ *house made ranch dressing*

Chicken House Salad

Fresh arugula lettuce, sweet cranberries, walnuts & feta, crunchy carrots topped with grilled organic chicken.

+ *house croutons & pear vinaigrette*

Veggie Quinoa Bowl ... 17

Chef's fluffy quinoa, mounds of seasonal fresh vegetables, topped with avocado trickled with an lemony vinaigrette.

Wild Shrimp Pesto Pasta ... 24

Wild Gulf pink shrimp sauted in a white wine & house pesto cream sauce with linguini.

+ *parmesan*

Chicken & Mushroom Pasta ... 20

Grilled organic chicken tossed in a white wine truffle cream sauce, linguini, portabella mushrooms, roasted baby tomatoes & smoked applewood bacon.

+ *parmesan*

Quiche Of The Day ... 17

Baked daily in house, ask for our selection.

+ *fresh fruit*

The Miami Ruben ... 18

Michael's tasty version with house corn beef, Swiss & Provolone cheese, thousand island dressing, crunchy slaw on grilled rye bread.

SANDWICHES, WRAPS & TACOS

Grouper Tacos ... 24

Fresh Florida grouper lightly blackened, fresh avocado slaw, tomatoes, mixed cheese with a zesty island sauce on warm soft tacos

+ *fries*

Pulled Pork Tacos ... 17

Roasted in house and served in warm soft tacos with a creamy cilantro lime slaw & pickled onions.

+ *fries*

Gulf Grouper Sandwich ... 25

Chef Michael's favorite catch! local grouper battered and fried, cheddar cheese, artisan lettuce leaves & sliced tomato served on a toasted bun.

+ *fries & house tartar.*

Chicken Julie ... 18

This GREAT chicken sandwich named after Andrea's sister in England features grilled organic chicken topped with our famous fried brie & pear chutney on a warm bun.

+ *honey mustard for dipping*

The Eiffle Tower ... 18

House roast beef served on toasted French bread, Au Jus & creamy horseradish for dipping.

Cheeseburger In Paradise ... 19

Juicy burger grilled to your liking, smoked applewood bacon, cheddar cheese, fresh arugula leaves, zesty aoli & tomato jam.

The Mikey ... 17

Organic grilled chicken, sun-dried tomatoes, nutty provolone and house made pesto on a warm bun.

Roast Beef Wrap ... 18

House roasted beef, Gruyere Swiss, creamy horseradish, tomato, applewood bacon & caramelized onions.

Chicken Wrap ... 17

Grilled organic chicken, spinach, creamy goat cheese spread, olive tapenade & cucumbers.

Roast Pork Hoagie ... 17

House roasted pork on a warm hoagie, Gruyere Swiss cheese, mayo, pickled onions & sweet chili sauce.

sandwiches & wraps served with, slaw, fries, fruit or potato salad